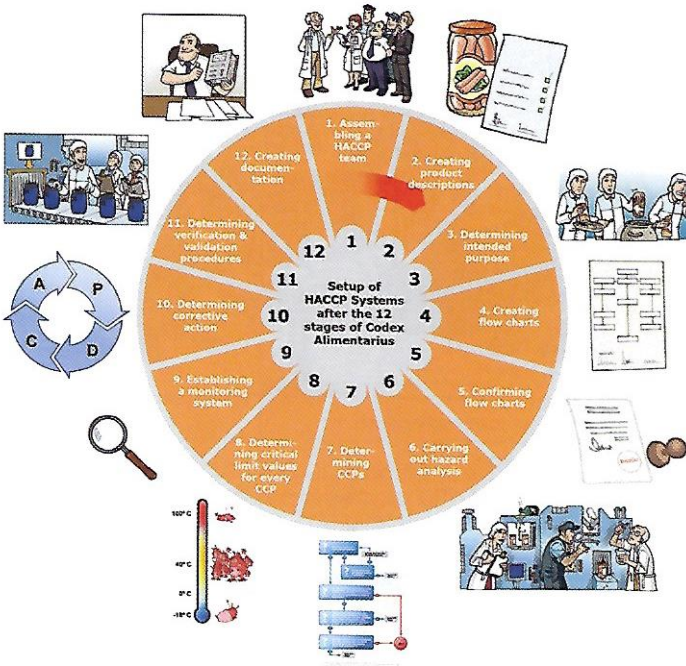12 stages of the Codex Alimentarius